



Emergency notice about your water supply

INFORMATION LEAFLET

HEALTH PROTECTION

Boil your water

The water supplied to your home/premises requires boiling before it is safe to consume. The water only needs to be brought to the boil and allowed to cool.

Please ensure your neighbours - especially the elderly - know about this notice. We will advise you when the water is safe.

This advice has been prepared for Island residents by the Public Health Directorate and Manx Utilities.

You must use water that has been boiled for:

- Drinking
- Preparing babies' feeds and disinfecting feeding equipment*
- Preparing food, including ice cubes and salads
- Pet food and drink
- Washing open wounds
- Cleaning teeth

PREPARING INFANT FEED

* *N.B. Bottled water is not recommended to make up infant formula feeds for babies and infants, as it is not usually sterile and may contain too much sodium (salt) or sulphate.*

If you have to use bottled water to make up feeds, check the label to see the level of sodium (also written as Na) and sulphate (also written as SO₄)

- Sodium (Na) should be less than 200 milligrams (mg) per litre

- Sulphate (SO₄) should be no more than 250 milligrams (mg) per litre

Bottled water will need to be boiled and cooled before use.

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Manx Utilities apologises for the inconvenience caused to its customers. For further information contact:
687687 | enquiries@manxutilities.im | www.manxutilities.im

 /manxutilities  @manx_utilities

HEALTH PROTECTION
● Public Health Directorate

How long do you have to boil the water for before you can use it?

It is sufficient to bring water to the boil; for example, by using an electric kettle. To avoid scald injuries it is advisable to boil a full kettle of water last thing at night and allow it to cool overnight.

This cooled, boiled water can be stored in the fridge for up to 48 hours until required.

You can also consume cold water or hot drinks from vending or dispensing machines that are not attached to the mains water supply system.

If you become ill, contact your GP or Practice Nurse for further advice.

You can use untreated tap water for:

- Bathing and washing - take care not to swallow water whilst showering
- Washing dishes - use hot water and dry thoroughly before use
- Washing clothes
- Flushing the toilet

The information in this document can be provided in large format or in audio format on request

Website information:

www.manxutilities.im

www.gov.im/publichealth

EMERGENCY NOTICE ABOUT YOUR WATER SUPPLY

BOIL YOUR WATER



Department of Health and Social Care

Public Health Directorate

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